

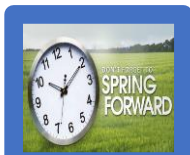
The Broad Street Family Newsletter

March 2024



Important Dates:

- **1** Winter Break-return on **March 4th**
- **4-8-** Literacy Week
- **5-**Community Reader Day (**8-9:30AM**)
- **5 -** Grade 5 NH SAS Writing
- **6-** PTO Meeting (**6:30PM** in the Teachers' Lounge)
- **7 -** Grade 3 & 4 NH SAS Writing
- **7-**Kindergarten field trip to Parker's Maple barn
- **10-** Daylight savings time (move the clocks ahead an hour)
- **12-**Early Release
- **14-**Gr 1-3 Field Trip-Palace Theatre (**9AM-12PM**)
- **17-** St. Patrick's Day
- **18-**PTO Game night (**6:15-7:30** in the Café)
- **19-** First day of Spring
- **29-** Bulldog Jog and Jump (formerly the Biathlon)



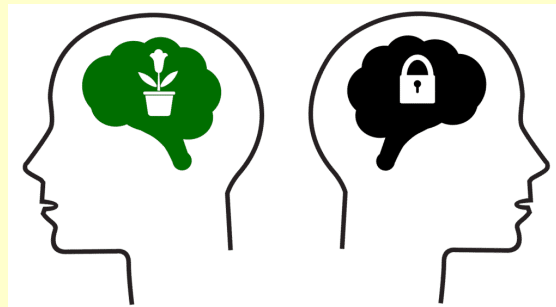
The Principal's News

Continuing with our Growth Mindset Theme, here are ten tips/strategies our teachers use to foster a growth mindset in the classroom. They can also be adapted for home use:

1. Teachers normalize struggle, helping students react positively when challenged.
2. Teachers present challenges as fun and exciting, while portraying easy tasks as boring.
3. Teachers embrace the word "yet," encouraging students to see challenges as opportunities for growth.
4. Teachers explain how difficult tasks benefit our brains, likening them to muscles that need exercise to become strong.
5. Teachers demonstrate and celebrate mistakes as learning opportunities.
6. Teachers assist students in setting achievable goals to demonstrate the attainability of growth and progress.
7. Teachers incorporate cooperative exercises, emphasizing problem-solving and the importance of seeking help.
8. Teachers provide challenges to help students overcome obstacles and develop a growth mindset.
9. Teachers avoid praising intelligence, focusing instead on effort to avoid demotivating students.
10. Teachers avoid oversimplification, emphasizing the importance of effort and learning steps over empty encouragement.

At its core, fostering a growth mindset involves shifting emphasis from outcomes to efforts and process. Teachers focus on praising the efforts and learning steps that lead to positive outcomes rather than solely celebrating accomplishments.

Warmly,
John Forrest, Principal
forrestj@nashua.edu



Dream big. Work hard. Achieve success.

Important Reminders:

For Your Child's Safety Please Report your child's absences.

Please call (603) 966-1880 on our phone line from 3:30 PM to 7:30AM, there is a voicemail option if you call before/after hours. If your child is going to be absent, please give us a call. If we do not hear from you, you will receive a call from us and Blackboard Connect, an automated messaging system. This system calls your home phone so it's very important to call your child in or check your home messages. Remember this is for your child's safety.

Afterschool procedures – Written notes

If your child will be deviating from their normal after school procedure, please send a note to the teacher that morning. We appreciate a written note rather than a phone call to ensure that we are keeping your child safe by following your family plans. Thank you!



The Nurse's News

A Word about illnesses:

Just a gentle reminder-please remember to keep your child home from school if he/she has any of the following symptoms: fever of 100 degrees or higher, vomiting, diarrhea, severe cough, sore throat, or severe cold. Please keep your child home until they are fever free (below 100 degrees) **without** the use of Tylenol, Advil, or other fever reducing medications for 24 hours. Also, please keep in mind that we are still seeing cases of COVID in school, we appreciate your testing your child if they present with symptoms or if someone in your home is positive. Please reach out with any questions by phone or email. Thanks in advance for your cooperation and help in keeping our school community healthy.

A Reminder to 5th grade parents- The NH Department of Health and Human Services highly encourages that when your child turns 11 years of age they receive a Tdap vaccine. Please send in documentation once your child has this immunization and I will update their record. As Always, please feel free to email or call with any questions.

Did you know that breakfast is the most important meal of your child's day? It provides the nutrients and energy she/he needs to concentrate in school. Research shows that kids who eat breakfast get better grades, pay attention more in class, and behave better. Help your youngster begin his day on the right foot! Make it healthy! Give your child a mix of protein (such as milk, eggs, cheese, or meat) and carbohydrates (whole-grain cereal, fruit, or whole-wheat bread). The carbohydrates boost energy and help your child jump-start his/her day, while the protein keeps his/her body going strong until lunchtime.

Try a yummy Waffle Wonder.....Toast a whole-grain frozen waffle. Put sliced strawberries around the edge and fill with a handful of blue-berries. Serve with a side of low fat cottage cheese or yogurt.

As always please feel free to call or email me with any questions or concerns at:

johnsonl@nashua.edu

Laureen Johnson, RN

(603) 966-1885

PTO News

Let the Shenanigans Begin!!

The second half of the year is upon us and we are in need of your help and support! There are so many events to prepare for over the next few months including 2 more Buddy Family Nights, Spring Social, Bulldog Jog and Jump (formerly known as the Biathlon), Spring into Summer Showcase, Teacher Appreciation Week, 2 more dine out nights, and field day!

What can you offer us?? Ideas, decorating tips, making copies, making phone calls, baking? We will take it no matter how small or large the contribution is because ANYTHING helps! Please join us at our March PTO meeting on Wednesday the 6th at 6:30PM in the teacher's lounge. If you can't make it to the meeting, keep an eye out for subcommittee meeting dates that you may want to help out with! Many hands make for light work and we can't do it all without you!!

We thank you in advance for all your support!!

Your Broad St PTO